# Solace System®

*Your pressure challenge solution*

The new Solace System® is a complete shoe and insole device pack used post surgically, providing stability, shock absorbency and plantar off-loading to facilitate recovery.

**NOW AVAILABLE ON THE DRUG TARIFF**

**CONSISTING THE 4 COMPONENTS:**

1 DARCO Relief Dual® Shoe
2 Solace Insole®
3 Tweezer set
4 Toe Cap

**Relief Dual®** Offloading Shoe

**Solace Insole®**
Universal Peg Arch Cushion Insole

**USING THE SOLACE SYSTEM®**

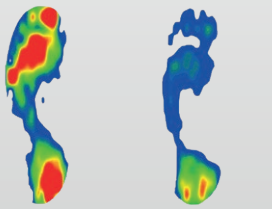
The Relief Dual® (1) in combination with the Solace Insole® (2), with its honeycomb peg system, means that pressure can be displaced away from susceptible or damaged plantar area(s) of the foot. In addition, when worn together, the Relief Dual® and Solace Insole® can provide an interim solution for the diabetic foot in need of urgent care.

DARCO QUALITY SINCE 1985

DARCO

1

# Relief Dual®
## Offloading Shoe



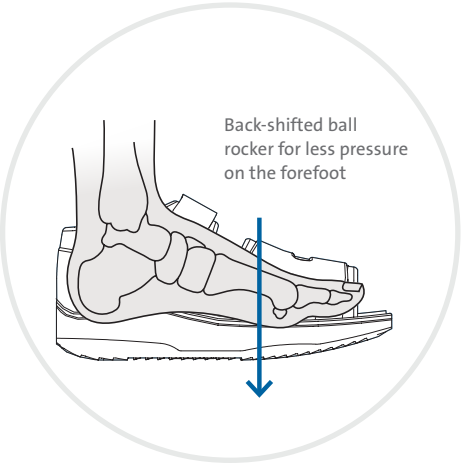
Neutral  Relief Dual®/Plus

Built up in layers for improved pressure redistribution through the rigid reinforced shoe base

The Relief Dual® combines the benefits of an EVA shock absorbing material and the anti-slip features of rubber, for a ground-breaking step in the post-operative treatment for foot care.

**INDICATIONS**
Used postoperatively for stability and off-loading e.g. after foot osteotomy procedures

**FEATURES**
> Innovative dual-sole technology
> Optimal impact relief – anti-slip rubber sole with a lightweight breathable upper
> Rigid shank throughout the entire innersole
> Wide opening for bulky dressings
> Easy on / off and easy insole access
> Can be worn on the left or right foot
> Low profile – no height compensation necessary (although we do recommend wearing a sturdy training / running shoe on the unaffected foot)
> Available in 6 sizes (as part of the Solace System®)




The combination of both materials, coupled with an extended rigid shank throughout the entire innersole area, dramatically improves the roll characteristics of the shoe, making it both comfortable, secure and effective as an aid to recovery. The Relief Dual® as part of the Solace System® comes in 6 sizes and is a universal fit for both the left or right foot. The hook and loop top closing section can be removed and re-attached in either a left or right position to create a sense of a left or right shoe.

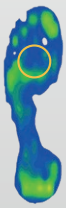
2

# Solace Insole®

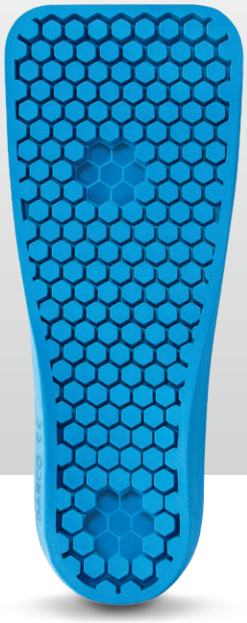
## Universal Peg Arch Cushion Insole

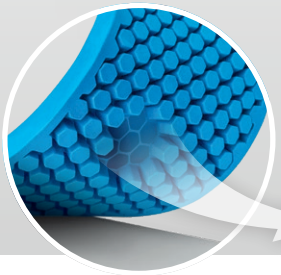
3

# Tweezers

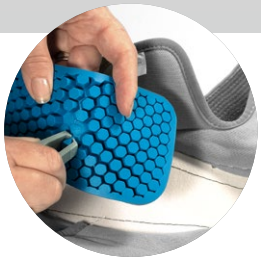


Solace Insole® (MTP II + III omitted) in the Relief Dual® / Plus





Removable pegs



The Solace Insole® can be simply adapted to meet the needs of the wearer. Individual pegs can easily be removed, using the purpose designed tweezers enclosed.

### INDICATIONS

> For use after hallux valgus and small toe surgeries (Austin, Akin, Scarf, Weil, Hohmann etc.)
> For selective off-loading of: Plantar lesions, plantar ulcers/ulcer prevention and pressure points
> Angioneuropathic changes of the foot in combination with mild foot deformities
> Healing of ulcerations on the plantar surface of the foot
> Postoperative use and treatment of the heel

### FEATURES

> Purpose made and easy to fit into its counterpart Relief Dual® Shoe to create the unique Solace System®
> Easy to adapt to suit the individual needs of the wearer
> Comes with a set of tweezers to faciliate the easy removal of pegs in plantar areas where off-loading is required.
> Shock absorbing arch-cushion / contoured insole with individually removable pegs
> Plantar pressure redistribution and targeted, selective pressure relief
> Adaptable PU material with excellent shape recovery
> Soft sole covering made of lengthwise and crosswise elastic polyester making it comfortable to wear
> Pressure reduced by up to 45 %
> Can be worn on the left or right foot

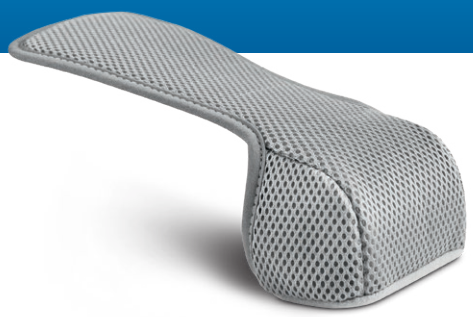
## Tweezers – tool for easy removal of the pegs.

Remove the grey insole that comes with Relief Dual® Shoe. Determine the area of the foot that requires relief. Individual pegs can be easily removed using the purpose designed tweezers enclosed.

Firmly grab, twist and pull off each none required peg to create a void directly underneath the area of the foot that requires pressure relief.

Once the correct pegs for the wearer have been removed and sufficient offloading provided to suit the individual, simply insert the now adapted Solace Insole® in the Relief Dual® Shoe with the pegs facing downwards.

# 4 Toe Cap



The toe cap, for cold / wet weather conditions, can be easily fixed and removed thanks to a self-adhesive strip, helping to secure it underneath the Solace Insole® and inside the upper of the Relief Dual® Shoe.

## WEARING THE SOLACE SYSTEM®

Your healthcare professional will advise you how long and how you should wear the Solace System®.

## PRECAUTIONS AND RECOMMENDATIONS WHEN USING THE SOLACE SYSTEM®

Please always follow these instructions for use. In case of adverse effects (e.g. skin swelling, pressure points, disorders of blood circulation etc.) please inform your doctor. Function and optimum protection are no longer guaranteed if the products are handled incorrectly. These aids assist recovery and should be used exclusively under the instruction of and in consultation with your doctor or a healthcare professional. DARCO does not assume any responsibility. It is advisable to wear dressings or socks with the Relief Dual®. We recommend that you do not drive a vehicle while you are wearing the Solace System®. Use extreme caution when climbing stairs (e.g. also stepping up onto curbs) and walking on uneven surfaces. Walk more slowly than usual. These aids are intended for single-patient use only.

## CLEANING INSTRUCTIONS

The shoe and insole can be hand cleaned / sponged with water at approx. 30° C or lukewarm water using mild / diluted disinfectant. Do not dry the shoe or insole using artificial heat; instead allow them to dry at room temperature.

| UK SHOE SIZE | OUTERSOLE WIDTH-TOE SECTION (in cm) | OUTERSOLE WIDTH-HEEL SECTION (in cm) | OUTERSOLE LENGTH (in cm) | ART. NO. | PIP CODE |
|---|---|---|---|---|---|
| Up to 4 | 9.0 | 5.5 | 23.5 | SOL1 | 434-4347 |
| 4.5–5.5 | 9.75 | 5.75 | 24.75 | SOL2 | 434-4362 |
| 6–7.5 | 10.25 | 6.25 | 26.25 | SOL3 | 434-4370 |
| 8–10 | 11 | 6.5 | 27.75 | SOL4 | 434-4388 |
| 10.5–12 | 11.5 | 7.25 | 29.5 | SOL5 | 434-4404 |
| 12.5–14 | 12.5 | 7.5 | 31 | SOL6 | 434-4396 |

**DISTRIBUTED BY:**

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2024-11-27 Rev. 02